



## STATE of MINNESOTA

# Proclamation

- WHEREAS: Suicide is a leading cause of death for people ages 10-34 in Minnesota, and over 700 Minnesotans have died by suicide per year since 2015; and
- WHEREAS: For ten years, Stomp Out Suicide has united families for life-affirming activities, remembrance, and an end to suicide and mental illness stigma; and
- WHEREAS: Suicide is preventable, mental illness is treatable, and recovery is possible; and
- WHEREAS: We all play a role in the prevention of suicide: reach out, speak up, and know that you're not alone; and
- WHEREAS: The third Saturday in August is designated as "Stomp Out Suicide Day," a day to raise awareness for mental health resources and suicide prevention while celebrating life.

NOW, THEREFORE, I, TIM WALZ, Governor of Minnesota, do hereby proclaim Saturday, August 21, 2021, as:

## STOMP OUT SUICIDE DAY

in the State of Minnesota.



IN WITNESS WHEREOF, I have hereunto set my hand and caused the Great Seal of the State of Minnesota to be affixed at the State Capitol this 18<sup>th</sup> day of August.

Handwritten signature of Tim Walz in black ink.

GOVERNOR

Handwritten signature of Steve Simon in black ink.

SECRETARY OF STATE